# Fall Vaccinations

Respiratory season is upon us so now is the time to make sure you are up to date with your immunizations. The list below outlines our recommendations based on current Public Health Guidelines.

**Seasonal Influenza Vaccine**

Flu vaccines will be available mid-late October for high risk groups (elderly, young children and any individuals who are immunocompromised)
Flu vaccines are recommended and offered to everyone over the age of 6 months.
Vaccination will be available during regularly scheduled appointments and on a walk in basis.
Please contact the office for more information.

**Covid-19 Vaccine**

NACI (National Advisory Committee on Immunizations) continues to strongly recommend COVID-19 immunization programs for individuals at increased risk of SARS-CoV-2 exposure or severe COVID-19 disease. That includes:

- All adults 65 years of age or older
- Those 6 months of age and older who are:
    - Residents of long-term care homes and other congregate living settings for seniors;
    - Individuals with underlying medical conditions that put them at higher risk of severe COVID-19, including children with complex health needs;
    - Pregnant women and pregnant individuals;
    - Individuals in or from First Nations, Inuit and Métis communities;
    - Health care workers and other care providers in facilities and community settings; and
    - Members of racialized and other equity-denied communities.
- **NACI recommends that programs may also offer immunization to all other individuals 6 months of age and older.**
    - Individuals may choose to receive the vaccine based on individual COVID-19 risk assessment or preference.

**RSV (Respiratory Syncytial Virus) Vaccine**

Vaccination is recommended for some populations based on increased risk including elderly, those with immunocompromising conditions, those who live communally as well as pregnant women/infants.
This is not an annual vaccine. If you have received this vaccine in past seasons you will likely not need another. There are no current guidelines on timing of booster doses.
Please contact our office to discuss further if you have questions.